



## INTEGRATION GUIDELINES

### Use the Be An Eleven Quote of the Day

Follow BFS on Facebook and Twitter to get daily inspirational quotes. Use these quotes to start and maintain a continuing discussion about goals, leadership, citizenship and all the values that come with Being An 11. Also Subscribe to the BFS Whats Happening newsletter to have weekly success stories and training tips delivered to your email inbox.

### Have a Discussion of Current Events (Once per week)

These current events should be about people or events that fit two extremes. Discussions or writings should always be from an Eleven point of view.

Have class discussions on a current news report depicting a great example of being an Eleven or just the opposite.

Have the class submit a written paragraph/page on the same news report.

### Create A Be An Eleven Bulletin Board

(It is recommended that students or student leaders be in charge)

Depict your own students who have displayed great examples of being an Eleven.

Display newspaper or magazine articles depicting great examples of being an Eleven or just the opposite.

### Use the Be An Eleven Guidebook in the Classroom

Go through the Guidebook page by page. Questions are asked in the gray area on each page in relation to a point relating to being an Eleven in the white area. Discuss and answer each question. Written answers could also be assigned. This could be a semester or term course.

### Use School Media

Recognize a student in every school newspaper publication

Featuring the Be An Eleven student of the week or month.

Recognize or feature a student on the school TV broadcast

Put the #11 by the exit or entrances throughout the school

Place a large number "11" near each classroom or the weight room, locker room, band/chorus room, etc. Everyone should touch the number eleven as they leave

Make #11 stickers or cutouts and post them inside each student's locker

Top quality helmet stickers are available from BFS.

### Form a Be An Eleven Student Council

This group is formed to help struggling classmates and/or administration with disciplinary hearings.

### Inform Parents/PTA of the Be An Eleven Program

The purpose would be to reinforce the Be An Eleven principles and to help foster better/stronger families.

### Establish a Volunteer Tutorial Program

Good students helping younger or challenged students.

Orientation of Incoming Junior High/High School Students (Transfers)

Have seniors warmly welcome these new students. The goal should be to make them feel comfortable and excited about being a part of the school. Invitations should be extended to all extra curricular activities. Explain the difference of being a student at our school and of being an Eleven. Discuss how important it is to keep the tradition of being an eleven going and they, at no time, should ever be worried about hazing.

### Emphasize the Be An 11 Values in Academics

Make sure all students have a good general knowledge of the ACT/SAT tests and the pros and cons of the areas higher learning institutions

### Have a School Wide Word of the Day

Teachers give praise and/or points to those students who can correctly work the word into a sentence either writing or speaking.

### Have a Student Book Review (Student Paper – TV – Bulletin Board)

Students write or give a book review of a book they have read outside class. One page or less. One per week, bi-monthly or monthly.

Once a month pick a different language and say "hello" and "thank you" during the day

It's mandatory (wink) all day every day. C'mon, be a true eleven.

### Health Awareness

Teachers/Counselors should gently assist all students who could use some help with healthy eyes, weight, teeth, lips, ears, and hair





## Attitude and Emotional Health Awareness

Every student should, at least in one class, have an opportunity to discuss, from an eleven point of view, the following

Drugs, alcohol, tobacco, dating, sex, Internet, gambling, controversial hairstyles, tattoos, body piercing, body modifications, movies, music, and clothes.

## Social Awareness

Have a student committee that sponsors parties/activities/dances with Be an Eleven values and themes.

The committee would also take an individual leadership role in being an active eleven friend to those struggling with social issues (alcohol, drugs, etc.)

## Year End Activities

Towards the end of the school year, have each class meet individually to do the following:

- a. Share their feelings about being an eleven and how the whole program worked.
- b. Share their feelings towards others, teachers and school.
- c. Discuss how to improve for the next year. For the graduating seniors, to share their dreams and goals for the future. For all underclassmen, to share their dreams and goals for the rest of their high school days as individuals or as part of a defined group.

