

# PLAYER PROFILES

January-February 2005



**Year** 12th  
**Height** 6'1"  
**Weight** 210  
**GPA** 2.95  
**Bench** 405  
**Squat** 505  
**Clean** 245

## Colin Breckenridge

Dayton HS, NV

Colin has been a two-year starter on the Dayton Dust Devils football team, playing offensive and defensive tackle. He is senior class president and is active in numerous school leadership activities. His three-lift total of 1,155 pounds in the power clean, squat and bench press is a school record. Colin was also selected as an all-conference, second-team defensive tackle this season. "Colin has become a leader on the field, in the weightroom and at school," says head football coach Rick Walker.



**Year** 12th  
**Height** 5'9"  
**Weight** 170  
**GPA** 4.0  
**Bench** 300  
**Squat** 500  
**Deadlift** 485  
**VJ** 26"  
**Forty** 4.59

## Joe Keene

Potosi HS, WI

Joe has earned first-team all-conference recognition in both football and baseball. "Joe is a tremendous young man who works hard at anything he does, and the weightroom is no exception," says head football coach Mark Siegert. "He helped us turn the corner in the weightroom and on the playing field as we made the football playoffs for the first time in 12 years." Joe is actively involved in many school clubs and holds several leadership positions. He was also selected as homecoming king.



**Year** 12th  
**Height** 5'9"  
**Weight** 225  
**GPA** 4.2  
**Bench** 280  
**Squat** 450  
**Clean** 270  
**Forty** 4.8

## Clayton Bell

Trinity Christian Academy, TX

Clayton has been a three-year starter on the offensive line for the varsity football team, earning first-team all-district honors for the past two years. He was an all-state wrestler and competed in the shot put in track. He was a captain for the football team, student body president and is also an Eagle Scout. "Clayton is an outstanding leader on and off the field," says strength and conditioning coach James Burk.



**Year** 12th  
**Height** 5'8"  
**Weight** 140  
**GPA** 3.6  
**Bench** 120  
**Squat** 340  
**Clean** 145

## Josh Lee

Brighton HS, UT

In 2003 Josh achieved category-one status as a speedskater and now trains with Olympic and high-performance athletes daily at the Utah Olympic Oval. His goal is to make the 2006 Winter Olympics in Italy. His best times are 100 meters, 10:08; 500 meters, 38:52; 1000 meters, 1:20; 1500 meters, 2:06; 3000 meters, 4:40. Josh also runs track in his high school, competing in the 100- and 200-meter sprints. Josh was chosen and sponsored by the US Olympic Committee to be alumni of FLAME, a national event for Finding Leaders Among Minorities Everywhere. Josh is active in high school government.



**Year** 12th  
**Height** 6'  
**Weight** 180  
**GPA** 4.31  
**Deadlift** 485  
**Bench** 275  
**Squat** 415  
**Clean** 265

## Zack Kuchta

North East HS, PA

Playing running back and defensive back, Zach was selected as the District 10 Player of the Year and was a team captain. Zack established school records in all-purpose yards (4,407), season rushing (2,070), TD season (41), and career TD receiving (12). He is also a 4-year letterman in basketball and track, and was student council president.

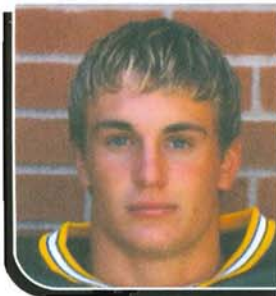


**Year** 12th  
**Height** 6'  
**Weight** 225  
**GPA** 3.15  
**Bench** 315  
**Squat** 425  
**Clean** 285  
**Deadlift** 450  
**Forty** 4.8

## Josh Best

North East HS, PA

Josh is a four-year letterman in football, a two-year letterman in wrestling and a one-year letterman in baseball. He was selected as Region 4 First Team Defensive End and Offensive Line. In 2004 he had 70 tackles (10 for loss), four sacks and two batted passes. He was a team captain for football and a 2003 national qualifier in wrestling.



**Year** 12th  
**Height** 5'11"  
**Weight** 190  
**GPA** 3.7  
**Bench** 330  
**Squat** 530  
**Clean** 310  
**VJ** 32.5  
**Forty** 4.49

## Chase Gazzerro

C.M. Russell HS, MT

Chase earned all-state honors in football, is state champion in powerlifting and is also a member of the wrestling team. "Chase is an outstanding young man," says head football coach Jack Johnson. Chase is in the National Honor Society and is being recruited by Montana State University and Carroll College."



**Year** 10th  
**Height** 5'6"  
**Weight** 155  
**GPA** 3.65  
**Deadlift** 285  
**Bench** 160  
**Squat** 230  
**Forty** 5.95

## Samantha DeMartine

Marlboro Central HS, NY

Samantha has been using the BFS program since the 8th grade and it has helped her become one of the strongest softball players in the state of New York. Playing shortstop, this past season she had a batting average of .594 with 38 hits, 21 runs scored, 31 RBI's, 9 doubles, 5 triples, 3 home-runs; she also had a field percentage of .950. In addition to numerous 1st team awards, she was selected to the Mid Hudson Athletic League's All Academic Team.



**Year** 12th  
**Height** 6'4"  
**Weight** 255  
**GPA** 3.94  
**Bench** 310  
**Squat** 430  
**Clean** 290  
**VJ** 25"  
**Forty** 5.10

## Jeff Hansen

C.M. Russell HS, MT

Jeff earned all-state honors in football and is also a member of the track team. "Jeff is a great worker, leader and mentor in our school," says head football coach Jack Johnson. Jeff is in the National Honor Society and participates in student government. He has been offered a full football scholarship to Montana State University.



**Year** 10th  
**Height** 5' 5"  
**Weight** 118  
**Squat** 275  
**Bench** 220  
**Deadlift** 435  
**Forty** 4.75

## Devin Wilson

Trigg County HS, KY

Devin won the Outstanding Lifter award at the 2004 Kentucky State Powerlifting Meet with a percentage result of 5.4. Competing in the 125-pound bodyweight class even though he weighed only 118 pounds, Devin finished second in his weight class, being edged out by a senior. Devin is the only lifter in West Kentucky to receive the honor of being named TV 43 Athlete of the Week.

**Honor your outstanding athletes by submitting them to the BFS Player Profiles.**

**Required Information:** Name of athlete, athlete's picture, home address, age, year in school, sports played, height, weight, GPA, maximum lifts, VJ, 40-yd dash, and a brief write-up of accomplishments and awards. Mail to: **Bigger Faster Stronger, Player Profiles, 843 West 2400 South, Salt Lake City, Utah, 84119**