



Today's coach needs a contact manager, and it would be tough to beat the free one offered by Varsity Networks.

# Coaches' Shortcut to Contact Management

You don't have to be a nerd, or have a thick wallet, to organize your sports program

“**W**hat we've got here is a failure to communicate. Some men you just can't reach...” are memorable words from the 1967 classic film *Cool Hand Luke*. Today, in this ever-expanding world of technology, many coaches are falling behind and are finding that their sports programs are suffering from the failure to communicate.

The computer has become an

essential tool for coaches; and when you have a great contact manager, you will find it much easier to communicate with athletes, parents, coaches and administrators. Need to contact all the parents of your players for a special meeting? — you can do it with a click of a mouse. Need to update your player bios for the local media or college scouts? — it's a breeze with the right contact manager. And there are lots to choose from.

For example, there are great programs such as ACT!™ or Goldmine™. For a few hundred dollars these software programs will keep track of everyone you need to stay in touch with and will help you organize your day. You just have to set aside several hours to learn the programs — and it would be a good idea to get some of those “for idiots/stupid people” books to help you, as sometimes the manuals that accompany software

programs may be a bit difficult to follow. That's one option – another is TeamAssist.

TeamAssist is a sports-team organizer designed for busy coaches that is set up in a personalized, easy-to-use website. There is no software to buy; and because it's embedded in the Varsity Networks website, there is no risk of the program crashing and losing all your information. And with the TeamAssist Free version, you have no setup or annual fees.

In addition to supplying your own team homepage, some of the contact manager features in TeamAssist Free include the following:

- Message boards
- Group e-mailing
- Schedules
- News
- Coaches' bios
- Player of the week
- Team rosters
- Player bios
- Photos (limited)
- Statistics
- Event calendars
- Directions
- Alumni directory
- Past-season records
- Photo archive
- Ad directory

There are also reasonably priced upgrades for your website such as music, videos, a personal team store, photo fundraisers and much, much more. But the basic version, TeamAssist Free, costs nothing.

Want to avoid having a failure to communicate? Then go to [biggerfasterstronger.com](http://biggerfasterstronger.com) to see how TeamAssist and Varsity Networks can make your job high-tech and much easier. **BFS**

### EMAIL MANAGEMENT

**Recipient Information**  
**To:**    
**Cc:**

**Sender Information**  
**From Name:**   
**Reply To:**

**Message Information**  
**Subject:**   
**Message:**

Due to a change in the JV schedule, we will practice at 8am on Saturday, not 9am as planned. Please get a good night's sleep on Friday and come ready to work.

You all played a great game last night, but we must continue to focus. We face the Knights on Monday – and then it's on to sectionals!

-- Coach R

### PRINTABLE ROSTERS AND WORKSHEETS

Click a "View" button to produce a printout.

**Game Roster:** Season:  Team:  Sort By:

**Contact List:**

**Email List:**

**Player Info List:**

**Practice WorkSheet:**

**PLEASANTVILLE FOOTBALL 2006 VARSITY ROSTER**  
Head Coach: Tony Bucarra

Jersey	Name	Grade	Height	Weight
5	Pick	12	5'10"	160
87	Will A	10	6'	144
75	Jack	12	6'	191
29	Dann	11	6'	165
25	A.J.C	12	5'6"	135
20	Andre	11	5'4"	129
55	James	11	5'7"	155
76	Chris	11	5'8"	195
42	Matt	11	5'11"	185
52	Mike	11	5'10"	174
64	Will E	11	6'2"	180
77	Santi	11	6'4"	215
4	Chris			
72	Jael M			

**PLEASANTVILLE FOOTBALL 2006 VARSITY PRACTICE WORKSHEET**  
Week/Date: \_\_\_\_\_

No.	M	T	W	T	F	Jersey	Name	Grade	Height	Weight
1						5		12	5'10"	160
2						87		10	6'	144
3						75		12	6'	191
4						29		11	6'	165
5						25		12	5'6"	135
6						20		11	5'4"	129
7						55		11	5'7"	155
8						76		11	5'8"	195
9						42		11	5'11"	185
10						52		11	5'10"	174
11						64		11	6'2"	180
12						77		11	6'4"	215

Several of the features included in the TeamAssist contact manager include a group e-mail program and team rosters.

# THE ONLINE SOLUTION

**BFS IS PROUD TO PARTNER WITH VARSITY NETWORKS IN OFFERING A VALUE PACKED, FREE, ONLINE SERVICE TO MANAGE, COMMUNICATE, SCHEDULE, AND INFORM. CONTACT YOUR BFS CLINICIAN OR EQUIPMENT REP FOR A COMPLETE RUN-THROUGH OF YOUR FREE WEBSITE AND CONTACT MANAGER**



## TEAM ASSIST WEBSITES

FREE team web sites with built-in content  
UPGRADE to more features at a low price  
AUTO-LINK with other sites in your school or league  
Your COMMUNITY builds your team web site  
Share and sell team PHOTOS

## GET THE HELP YOU NEED FROM A TEAMASSIST WEBSITE

- Use your website to share information and communicate with your team.
- Varsity Networks sites are designed by coaches and players just for high school teams.
- All sites include: Rosters, Schedules, Email, Photos AND MUCH MORE!

Call BFS to learn more 1-800-628-9737.

## CONTACT MANAGER & MESSENGER

Varsity Networks TeamAssist Web Sites are much more than a web site for your team. Our TeamAssist Web Sites are made to support the High School sports community, and have features and functions specific to High School sports.

A TeamAssist Web Site acts as a communication platform, posting messages, notifying players and parents about important information, and providing email distribution to any grouping of members.

A TeamAssist Web Site centralizes team information, including schedules, rosters, field locations and necessary forms.

A TeamAssist Web Site enables teams to showcase team performance with photo galleries of the entire season, game by game, and a comprehensive History section highlighting team records and accomplishments.

BIGGER FASTER STRONGER



**DEDICATED TO HELPING ATHLETES SUCCEED SINCE 1976**

**FREE SERVICE - CALL NOW 1-800-628-9737**

online at [www.biggerfasterstronger.com](http://www.biggerfasterstronger.com) • email us at [info@bfsmail.com](mailto:info@bfsmail.com)  
843 West 2400 South, Salt Lake City, UT 84119 • Fax (801) 975-1159



# CHART YOUR PATH TO SUCCESS

## TOP 10 MOTIVATIONAL BOARDS AND DEPTH CHARTS

TOP 10 RANKINGS									
PARALLEL SQUAT	BENCH PRESS	POWER CLEAN	HEXBAR DEADLIFT	40 YARD DASH	20 YARD DASH	DOT DRILL	VERTICAL JUMP	STANDING LONG JUMP	SIT RE

LARGE 8' X 3.5' BOARDS • HIGH CONTRAST BFS COLORS • TEN PRINCIPLE BFS CATEGORIES  
MOVEABLE NAME TAGS  
STOCK BOARDS USUALLY SHIP IN 48 HOURS

BFS  
TOP 10 BOARDS  
**\$1099**  
INTRODUCTORY PRICE  
STOCK ITEM  
Item # 325115

LINEMEN					POWHATAN FOOTBALL					BACKS				
BENCH PRESS	SQUAT	CLEAN	40 YD DASH	G.P.A.	BENCH PRESS	SQUAT	CLEAN	40 YD DASH	G.P.A.	BENCH PRESS	SQUAT	CLEAN	40 YD DASH	G.P.A.

8' X 3.5' BOARDS • ADD YOUR SCHOOL OR TEAM NAME  
CHOOSE YOUR 10 CATEGORIES • MOVEABLE NAME TAGS  
FULLY CUSTOMIZABLE COLORS  
CUSTOM BOARDS USUALLY SHIP IN 2 TO 4 WEEKS

CUSTOM BOARDS  
STARTING AT  
**\$1249**  
INTRODUCTORY PRICE  
Item # 325116

WESTERN FOOTBALL														
OFFENSE														
WE	X	WT	C	IG	OG	ST	TE	Z	O	W	7	H	8	9

4' X 3.5' BOARDS • ADD YOUR SCHOOL OR TEAM NAME  
CUSTOMIZE BY POSITION • MOVEABLE NAME TAGS  
FULLY CUSTOMIZABLE COLORS  
CUSTOM BOARDS USUALLY SHIP IN 2 TO 4 WEEKS

DEPTH CHARTS  
CUSTOM ONLY  
**\$699**  
INTRODUCTORY PRICE  
Item # 325117

**Head Coach**  
**Don Montgomery**

DRY-ERASE NAME TAGS ARE VELCRO BACKED FOR EASY REARRANGING AND UPDATING AS YOUR ATHLETES IMPROVE!

DAVID REAVIS 54  
MATT HALL 53

# A MUST HAVE TOOL FOR ANY SPORTS TEAM



DEDICATED TO HELPING ATHLETES SUCCEED SINCE 1976

CALL NOW 1-800-628-9737

online at [www.biggerfasterstronger.com](http://www.biggerfasterstronger.com) • email us at [info@bfsmail.com](mailto:info@bfsmail.com)

843 West 2400 South, Salt Lake City, UT 84119 • Fax (801) 975-1159