

Jeff Scurran Receives



Scurran preparing his Santa Rita team before a big game, and then joining the team in a post-game celebration.



Photo by Roger Freeborn



National Coaching Award



BFS clinician is honored for his amazing coaching accomplishments with young athletes

BFS coaches are becoming a regular feature at the annual awards banquet put on by the Professional Football Strength Coaches

Society. Last year BFS founder/CEO Dr. Greg Shepard was presented the society's Presidents Award for his lifelong achievements and contributions to the strength and conditioning profession. At this year's event, held on February 22 in Indianapolis, it was Jeff Scurran's turn as he received the award for the National High School Strength and Conditioning Coach of the Year.

Jeff Scurran, a BFS clinician, has been coaching for more than 34 years and has a combined high school and college record of 231-75. Last year he was selected by *The Arizona Republic*, the state's largest newspaper, as Arizona's Large School Coach of the Year for taking the Santa Rita Eagles in Tucson from 1-19 to 11-2, the most amazing turnaround in state history. This was Scurran's 14th coach of the year award, which he has won in four different states.

Scurran has turned around six struggling football programs in his career, including Prima Community College in Tucson, Arizona, where in 2005 his team's major bowl upset earned them a #5 national ranking. But Scurran is probably best known for his accomplishments at Sabino High School, where he coached from 1989 to 1999. Prior to his joining the coaching staff, the school held the state record for most consecutive losses and only won approximately 30 percent of its games. During Scurran's 10 years as head coach, Sabino's football team made five appearances in the state championships, winning three of them, including 10 league championships.

Scurran is a veteran of more than 800 BFS clinics and is still going strong. He also recently produced a series of

three football coaching DVDs: *Building an Offense for Youth Football*, *Building a Defense for Youth Football*, and *Practice Organization and Drills for Youth Football*.

Other award recipients at this year's banquet were as follows: Jerry Palmieri, Super Bowl Achievement Award; Rock Gullickson, Professional Football Strength and Conditioning Coach of the Year; Chris Dawson, Collegiate Football Strength and Conditioning Coach of the Year; Boyd Epley, Presidents Award; Rita Benson-LeBlanc, New Orleans Saints, Star Performance Award; Jason

Trosclair, New Orleans Saints, Star Performance Award. Go to www.prostrengthcoach.com to learn more. BFS



Jeff Scurran, with his wife Joan, showing off the impressive plaque he received in recognition of his selection as the High School Strength and Conditioning Coach of the Year.



A group of happy coaches receiving recognition for a job well done (left to right): Chris Dawson, Collegiate Football Strength and Conditioning Coach of the Year; Jerry Palmieri, Super Bowl Achievement Award; Rock Gullickson, Professional Football Strength and Conditioning Coach of the Year; Jeff Scurran, High School Strength and Conditioning Coach of the Year; and Jason Trosclair, New Orleans Saints, Star Performance Award.

Congratulations to Coach Jeff Scurran and all award recipients!

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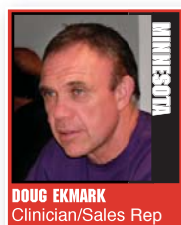
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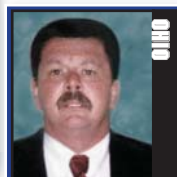
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