

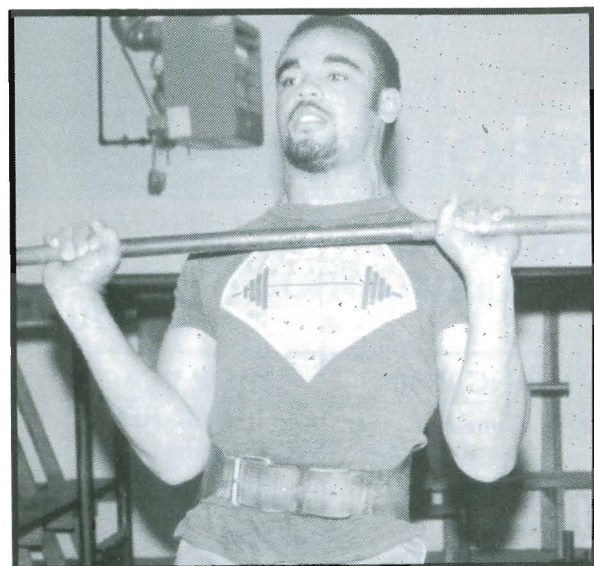
# ROBERT SMITH

# 1983

## BFS HIGH SCHOOL ATHLETE OF THE YEAR



Robert Smith: Running Back



### Robert Smith's Progress Chart

Weight	Age	40 Yard			
		Dash	Bench	Squat	Clean
158 lbs.	13	5.08	205	252	170
178 lbs.	14	4.9	245	304	205
190 lbs.	15	4.8	287	410	227
210 lbs.	16	4.7	366	454	266
215 lbs.	17	4.6	385	in-season	in-season

Robert is from West Point High School in West Point, Mississippi. His Coach, Bubba Davis is in his third year as head coach and has already established himself as one of the top coaches in America. Last season West Point High School had a perfect 13-0 record and won the Mississippi State Football Championship. Coach Davis had a disappointing 5-6 season in his first year as head coach. However, that's when the weights were really hit hard. Super progress was made in those years. West Point High School is now on the full BFS program.

Robert is the fourth annual recipient of the BFS High School Athlete of the Year award. Previous winners were Tom Southall from Colorado, Scott Runyan from New Mexico and Jeff Stump from Michigan. The award is determined on progression made through weight training, academics, character and athletic achievement. Robert Smith is most worthy.

West Point High School has enjoyed fine tradition in football as conference titles were won in 1964, 1971 and again in 1976. The enrollment is low compared to many of the other schools. West Point High School is a public school with only 570 students grades 10-12 and competes in Mississippi's largest school classification. Some of the schools in Mississippi have over 2000 students. Coach Davis and his athletes worked hard on the field and especially in the weight room to overcome the enrollment odds.

The high-powered West Point Green Wave Veer Offense led by Robert Smith and Shawn Sykes scored a prolific 341 points for an average of 26.2 per game. A stingy Split 4 Defense gave up only 113 points for an average of 8.6 per game. Obviously, they were the leading offensive team in the state.

Robert Smith is a punishing 210-pound runner who pounded out 1351 yards on 192 attempts and 17 touchdowns. As a Sophomore, he rushed for 414 yards on 66 attempts. Smith averaged 8.1 yards per carry in the play-off games. Coach Davis proudly states that Robert Smith is a top-quality type kid. Smith runs track and maintains a B average and also had 64 tackles and 32 assists as a linebacker on defense.

### OCTOBER UPDATE:

West Point High School is 4-1 at this writing and ranked 6th in the State. Robert has carried the ball 68 times for 621 yards. He has also made 26 unassisted tackles. Robert Smith was selected as a Pre-Season 1st Team All Stater and will be one of two players from Mississippi submitted for the All-American National Coaches Association Team.