

SUCCESS AT MISSION HIGH

Editor's Note: In the summer of 1984, I did a BFS clinic in Mission, Texas, a 5-A High School. Head Coach David Lee and his staff came from a Nebraska high school to take on a new challenge in South Texas. Strength Coach, Jeff Dicus set up the clinic. Mission is where Dallas Cowboy Coach, Tom Landry grew up as an athlete. I had a super time with my daughter Shauna in Mission. Coach Dave Lee, Jeff Dicus and staff have to be commended for the dedication given to their kids in reaching their potential.

Dear Greg,

I want to express my thanks to you and BFS. Since your clinic last summer our kids have put forth the hard work, dedication and commitment that you talked to us about. As a result they have become Bigger Faster Stronger not only physically but mentally and spiritually as well. Two years ago we were 1-8-1 and in last place. This year we ended up in second place with a 7-3 record.

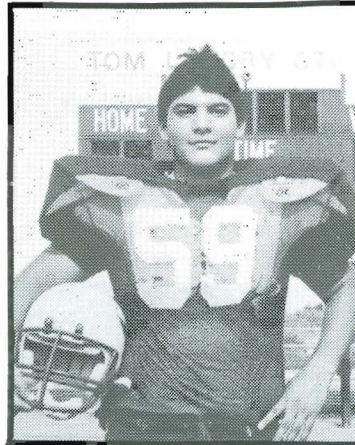
Thanks to you and the hard work of our kids the winning attitude is back and alive in the community of Mission.

Thanks Greg,
Jeff Dicus

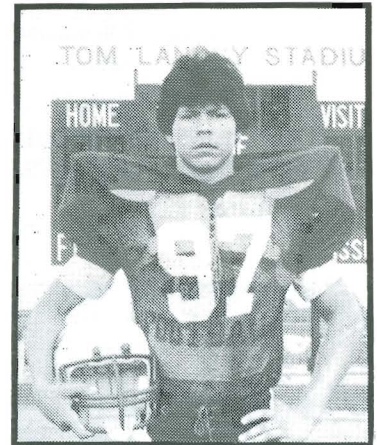


Mission H.S. Football Staff with Tom Landry. Head Coach David Lee to the right of Coach Landry. Jeff Dicus to his left.

TOP EAGLE PLAYERS



Danny Ponce — JR OG
6-1 235 All State
450 Squat 375 Bench
500 D. Lift 225 Clean

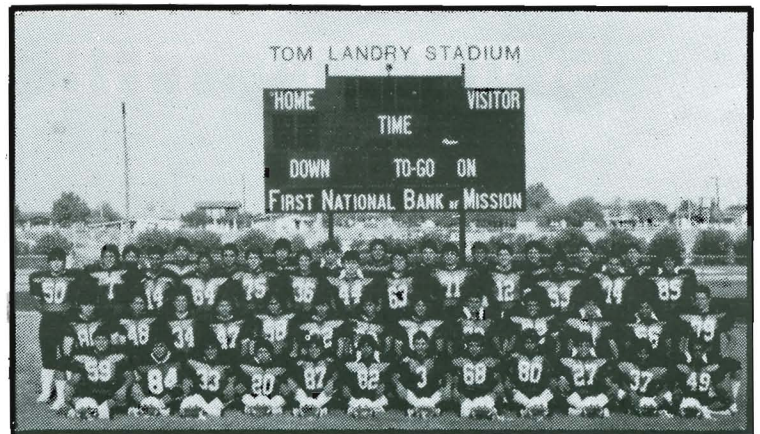


Danny Navarro — SR DE
6-2 195 All Conf.
725 Boxsquat 275 Bench
525 D. Lift 240 Clean

BOTH PONCE AND NAVARRO MADE SPECIAL MENTION AS A BFS FOOTBALL H.S. ALL-AMERICAN

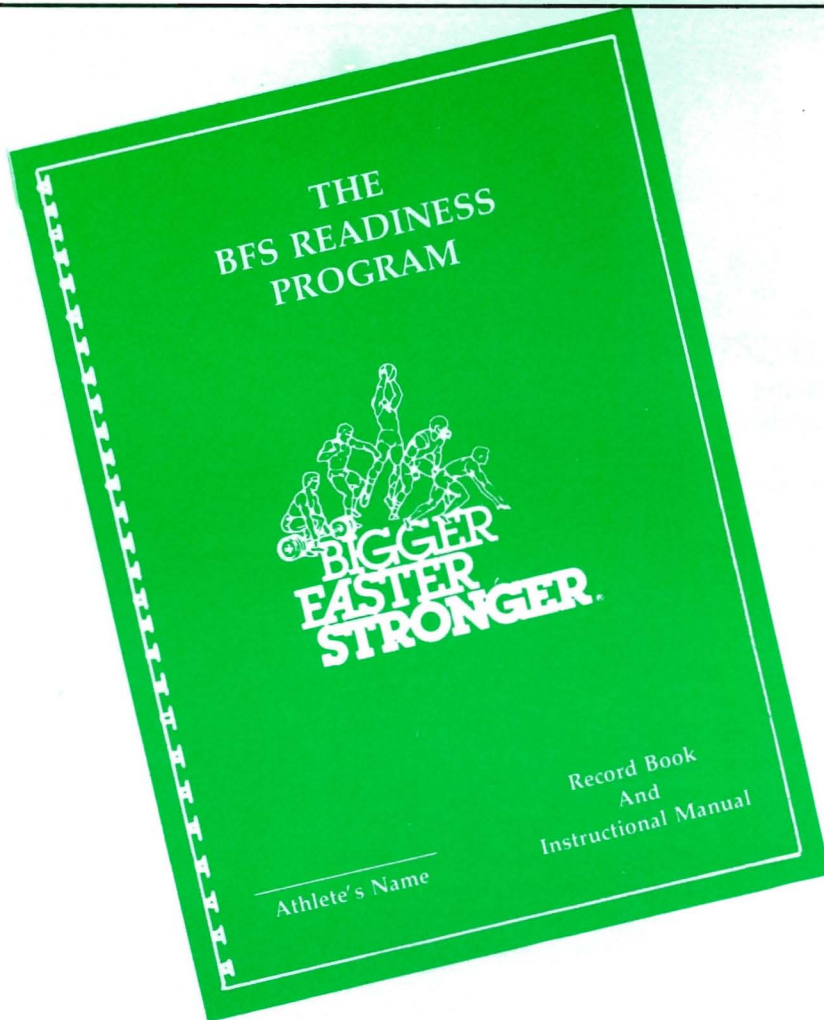


Mission High School Athletes in the weight room. Coach Tom Landry in the middle.



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