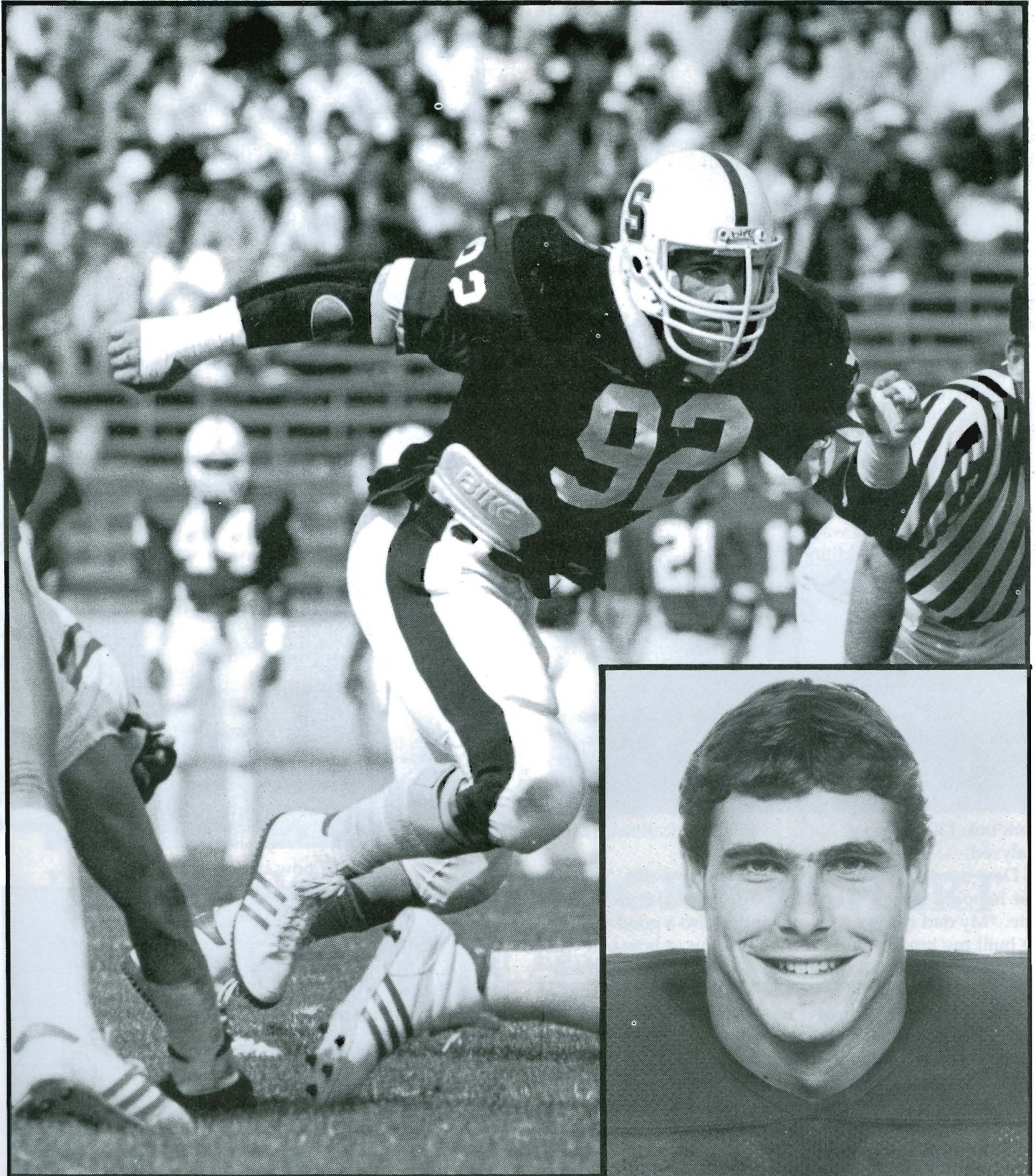


DAVE WYMAN: LINEBACKER STANFORD SR, 6'2", 235



"Quitting?" — That Word is Not in His Vocabulary. Dave Wyman Would Never Quit!

DAVE WYMAN

I asked Steve Schulz, Stanford's Strength Coach, "Why did you want to tell me about Dave Wyman? You have a hundred guys, why Dave?"

Steve gave his answer, "Because of his tremendous comeback after he dislocated his knee. It happened in the Arizona game. When we got back to California, we carried him off on a stretcher. I remember Dave saying, 'I'll be back.' I thought, no way, man, no way."

Dave was completely dedicated to his rehabilitation. Dave Wyman had been a 2nd team All-Pac 10 Linebacker both his Sophomore and Junior years. He had led the team in the Tackles both those years. Dave got 92 solo Tackles! The question was, could Dave make it back?

Schulz remembers, "He had a mountain bike. I know he put in 30 to 50 miles a day. You could definitely say, he made it happen!! Dave's also a tremendous leader both on and off the field. He's a quiet type of guy. Dave leads by example. Dave has fought his way back."

"Coach Schulz," I questioned, "what if Stanford got behind 50 to nothing, would Dave ever let up? Would he ever think about quitting?" "Quitting?" came his rhetorical response, "I know that word is not in Dave Wyman's vocabulary. He would never quit. Never!"

Dave went to Wooster High School in Reno, Nevada and played for Coach Joe Sellers. He also made All-Conference in basketball and was the State Shot Put champ with a heave of 61-10. In addition, Dave was also the Northern Division 100 and 200 Meter Dash champion. His 100 Meter time was 10.85. Dave also had a 3.5 grade point average. After contemplating offers from Notre Dame, Oklahoma, Washington, and U.C.L.A., Dave chose Stanford University because of the excellent academic standards. Dave also reasoned that the Stanford degree would carry extra weight after graduation. Besides, Stanford plays good football and competes in the Pac 10.

Dave has about a 3.0 GPA now at Stanford and is only 20 units shy of a degree with one year left. "If I have a chance to play Pro ball, I'm going for it! But if things don't work out, I'll utilize my Major in Communications," Dave analyzed.

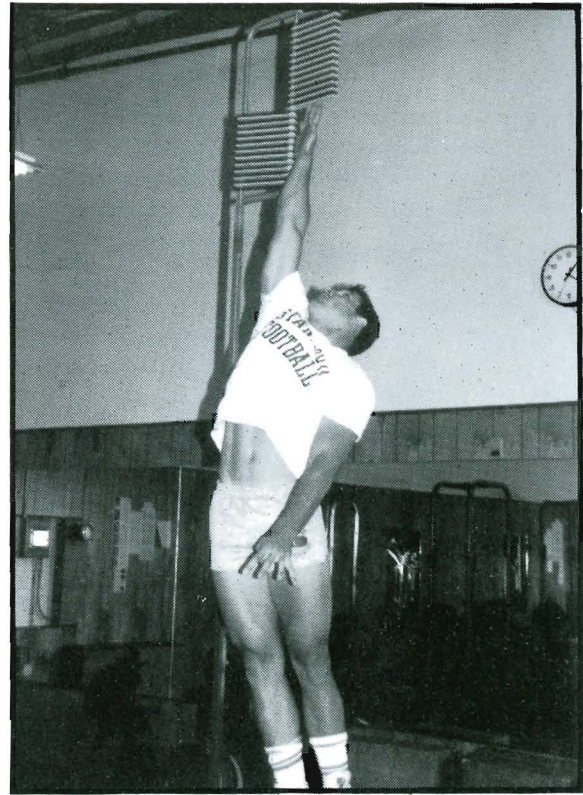
Dave started lifting weights in the 8th grade. "How'd that happen, Dave?" I asked. Dave reflected back to that time. "My dad owns a saw mill and is also a good welder. He built my brother and I a weight room at home. It was a great place all through high school. My parents also supported me when I got my knee hurt. My dad got me a mountain bike and arranged for the best doctors."

"Tell me more about the knee," I further questioned. "Well, it's back to full strength," answered Dave. "I really took it slow and decided to red shirt a year to give it a lot of time. I really wiped my knee out. In fact, I didn't even run on it for 13 months. However, I did ride my mountain bike a lot and practiced running in a swimming pool."

"Dave," I asked again, "if you were a coach or had a little brother in athletics, what would you say to help?"



Now fully rehabilitated, Dave can do a 485 Squat.



Dave's now back to 32 VJ.



Dave's best Lift is the Power Clean: 310 x 8.