

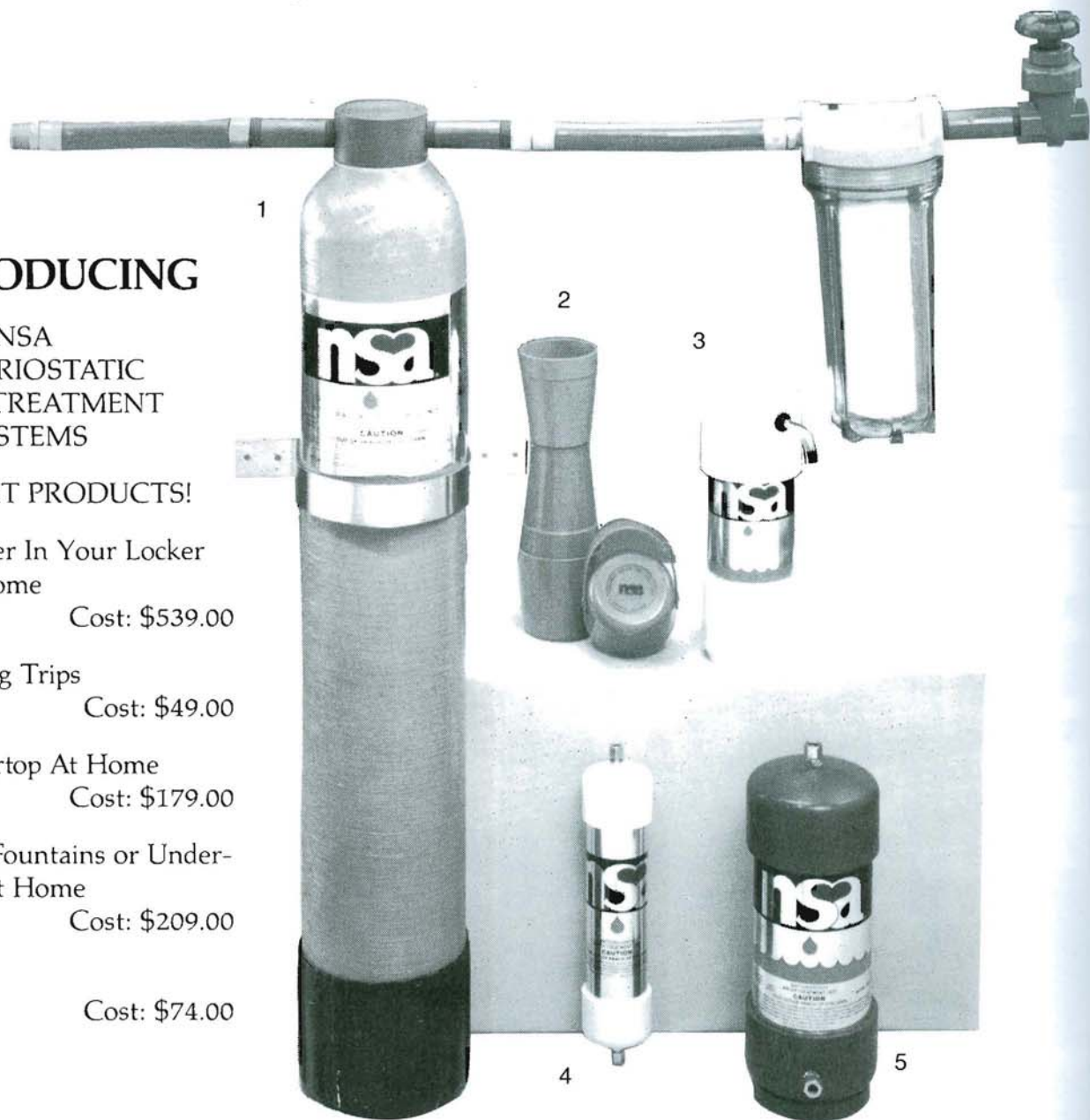
# GOOD NUTRITION BEGINS WITH GOOD WATER

## INTRODUCING

NSA  
BACTERIOSTATIC  
WATER TREATMENT  
SYSTEMS

FIVE GREAT PRODUCTS!

1. For All Water In Your Locker Room or Home  
Cost: \$539.00
2. For Camping Trips  
Cost: \$49.00
3. For Countertop At Home  
Cost: \$179.00
4. For School Fountains or Under-The-Sink At Home  
Cost: \$209.00
5. Ice Maker  
Cost: \$74.00





# HOW IMPORTANT IS WATER?

*Editor's Note: As I began studying the water situation in my home, I became very concerned. My wife is always after me and my children to drink more water. When I tested our water for chlorine, I was shocked. It had about as much as a swimming pool. I also thought our water trickled in fresh from melted snow from our mountains in Salt Lake City. Boy, was I wrong. Our water is recycled several times. So here I am drinking swimming pool water that's already been used by other people. I got an NSA Under-The-Counter Bacteriostatic Water Treatment System.*

*Now I'm drinking a lot more water; good water without chlorine and 'God knows what' floating around in my glass. Then I thought it would be a great thing to have in a locker room. Athletes should drink good water especially after and during workouts. I jog at the local high school both outdoors and indoors. I wait until I get home to drink my good water. It shouldn't be that way. Think about it!*

Water has been called "the most essential nutrient." Every living creature depends on water to survive. A person can live for weeks without food but only for a few days without water. Almost daily you can pick up a book or newspaper and read another fact emphasizing the significance of water in our lives.

Athletes and coaches should be especially concerned about the water they drink because a reduction of 4.5% in body water will result in a decline of 20-30% of work performance. An athlete commonly loses four or five quarts of water during a practice session. So what do we do? Well, for the first time in history, Americans now drink more soft drinks than water! This is absurd! About one third of our high school students eat nothing or drink a coke for breakfast. This is absurd! And we wonder why so many kids act like they have brain damage.

More than 70% of our body weight is water. Our kidneys process more than 2500 gallons of water each day. We are supposed to drink 10 cups of water every day. Water helps to maintain proper muscle tone, by giving muscles their natural ability to contract and by preventing dehydration. Water can leave skin clear, healthy and resilient when increasing or decreasing in bodyweight. Water is by far the best thirst quencher. It is not something sweet, sour or salty. Beer or soda pop actually retards the absorption of water that your body needs. We need to drink more water, not less. But why do we drink less?

During most of the 20th Century, Americans have steadily moved away from rural areas and into cities and towns. The need for municipal and community water systems has become greater. Chlorine was introduced as a means of controlling bacteria in public water supplies. As cities expanded and piping systems became older, more and more chlorine was needed.

While still inconclusive, studies today show a possible relationship between chlorinated water and more "modern" health problems, such as heart disease and even cancer. However, the most devastating effect chlorine has had on the American public has been more subtle.

In order to avoid the "swimming pool" taste of chlorinated water, many Americans have turned away from drinking water altogether and now try to receive their required liquids from less desirable sources such as soda pop.

Many Americans who want to drink good water have turned to bottled water. However, that can get expensive — up to .90¢ per gallon!

A simple and inexpensive way to have really good drinking water is to install an NSA Bacteriostatic Water Treatment Unit. Now instead of .90¢ per gallon, you're down to .3¢ per gallon (or about \$5.00 per month). The chlorine, bad taste and odors are removed. As a result you'll start drinking more water. More water and less pop means better health and money saved.

NSA has been in business for over 16 years and expects sales this year to be about \$35 million. Nearly 400,000 units are in American homes. Simply put, NSA is the best.

**"LET'S GET BACK  
TO THE GOOD WATER  
THE WAY IT  
USED TO BE!"**

It is the best because NSA uses both Granular Activated Carbon (GAC) and Silver Impregnated GAC. Silver eliminates bacteria. Water filters utilizing only a granular activated carbon filter system have demonstrated an excessive growth of bacteria. NSA has five great products available.

First is a deluxe system which cleans all the water you use in your school or home. All the water that is used through appliance, laundry, dishwasher, shower, or bath. Its cost breakdown is \$19.00 per month and it filters 75,000 gallons of water.

The second unit is for camping trips. It was taken on the China-Everest Expedition. Mike Colpitts, M.D., of that expedition, stated: "The water tasted great and we never got sick. We left our NSA unit at the Mt. Everest Hospital built by Sir Edmund Hilary. You have a great product."

NSA's third unit is the counter top model which is the most economical model. It may be attached to your faucet. Installation is simple. It filters 5,000 gallons for about \$5.00 per month.

The fourth unit is a convenient ice-making product. If you put ice in your drinks, you want that also to be from good water.

The most practical model is NSA's fifth product. It's more convenient because the clean water comes directly from your tap and it's out of sight beneath the sink. It also may be installed with a "fresh water fountain." This unit filters 12,000 gallons for about \$6.00 per month!

"Let's get back to the good water . . . the way it used to be."