

BFS OLYMPIC RECORD BOARD

| S E N D I N R E S U L T S N O W | WEIGHT | SNATCH | | | CLEAN & JERK | | | S E N D I N R E S U L T S N O W |
|--|--------|----------------------------------|--------------------------------|-----------------------------------|----------------------------------|-------------------------------------|---------------------------------------|--|
| | CLASS | 14 & Under | 15 - 16 | 17 & Over | 14 & Under | 15 - 16 | 17 & Over | |
| | 123 | 110 Mike Donaldson Murray, UT | 100 : | 143 John Morris New Jersey | 126 Mike Donaldson Murray, UT | 154 Swav Jusis New Jersey | 187 John Morris New Jersey | |
| | 132 | 127 Teb Lubis New Jersey | 110 Bryon Fatt Mon. Val. UT | 120 : | 165 Steve Swistik New Jersey | 160 : | 175 : | |
| | 140 | 110 : | 120 : | 130 : | 170 : | 180 Chad Longtellow Soldotna, AK | 185 Jeff Roderick Soldotna, AK | |
| | 148 | 120 : | 154 Joe Weisenberger | 154 Fernando Ruiz New Jersey | 185 : | 187 Joe Weisenberger New Jersey | 204 Fernando Ruiz New Jersey | |
| | 157 | 125 : | 135 : | 145 : | 185 : | 190 : | 200 Bill Argoz-Fraser Soldotna, AK | |
| | 165 | 130 : | 176 Matt Lund Mt. Crest, UT | 160 Chris Komischok New Jersey | 190 : | 231 Matt Lund Mtn. Crest, UT | 231 Chris Komischok New Jersey | |
| | 173 | 135 : | 145 : | 150 : | 190 : | 195 : | 220 Scott Rosin Soldotna, AK | |
| | 181 | 135 : | 187 Terry Watts New Jersey | 220 Glen Rodriguez New Jersey | 195 : | 220 Terry Watts New Jersey | 275 Glen Rodriguez New Jersey | |
| | 190 | 135 : | 150 : | 155 : | 195 : | 200 : | 215 Scott Miller Soldotna, AK | |
| | 198 | 135 : | 160 Rich Katz New Jersey | 155 : | 205 : | 231 Rick Katz New Jersey | 215 : | |
| | 220 | 135 : | 155 : | 165 Bill DeMarco New Jersey | 205 : | 220 Justin Rodgers Soldotna, AK | 237 Bill DeMarco New Jersey | |
| | 220+ | 135 : | 155 : | 165 : | 215 : | 220 : | 225 : | |

★ The above poundages with no names are qualifying marks for the BFS Record Board. Lifts must be done in an intramural meet, against another school or in an officially sanctioned meet. Athletes must have a 2.0 minimum GPA and be a member of a high school team sport. Results must be verified by an official coach or school administrator.

The 1990 Challenge: explosive strength, speed, flexibility

Enter the 1990 U.S. Weightlifting Federation High School Clean-and-Jerk Competition and compete with other high schools for state titles, barbell sets and invitations to a summer athlete training camp at the U.S. Olympic Training Center in Colorado Springs, Colorado.

Competition guidelines and coaching information available now.



Contact the
United States Weightlifting Federation
1750 E. Boulder St.
Colorado Springs, CO 80909
(719) 578-4508

