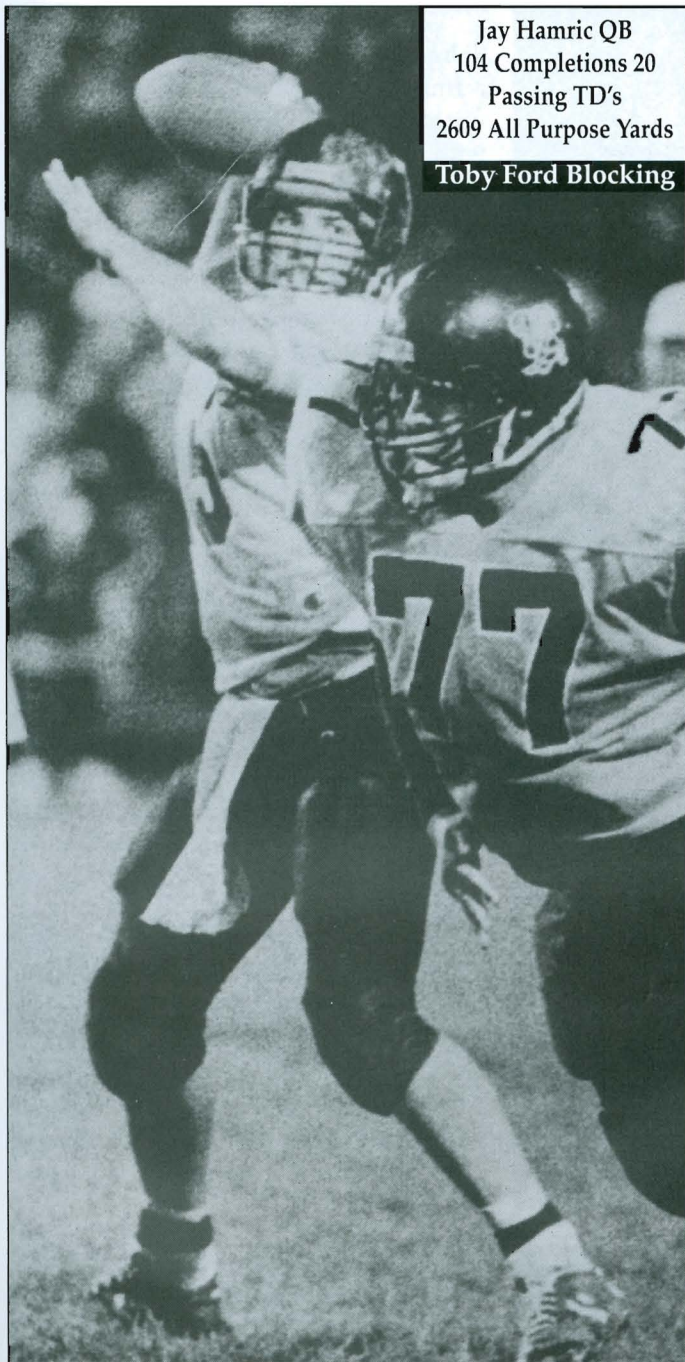
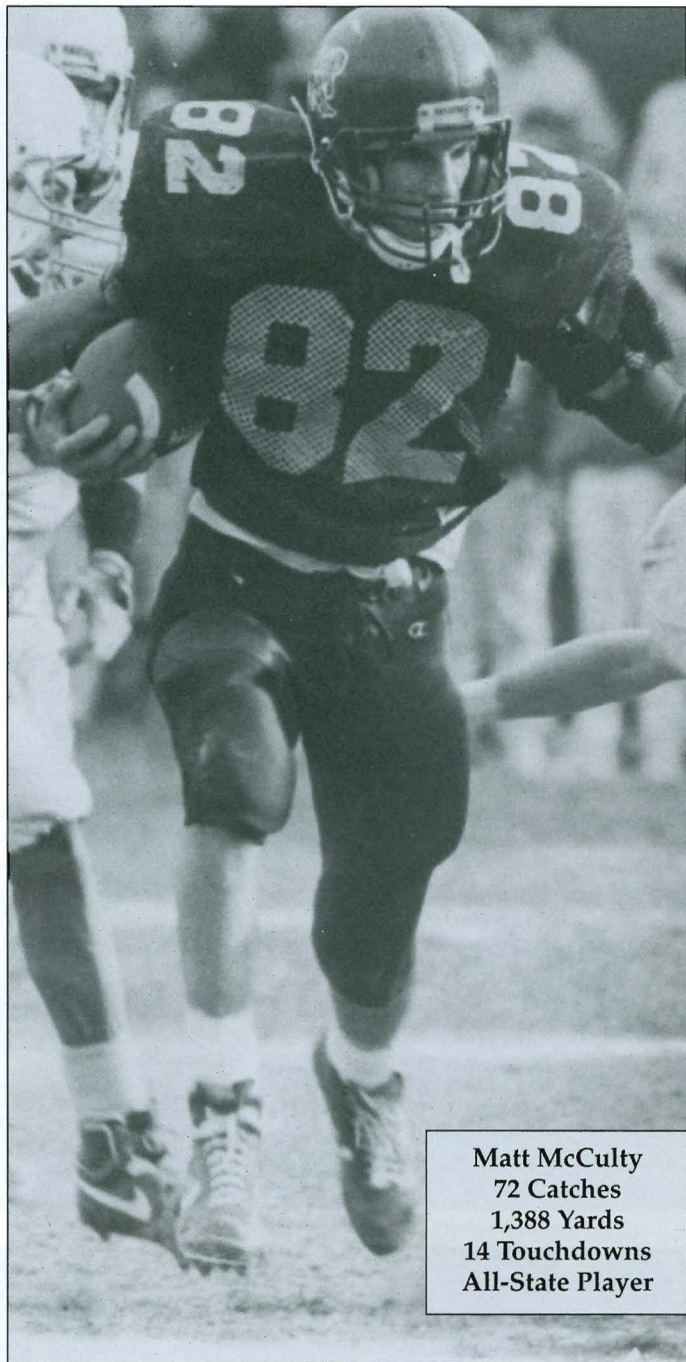


# THEY REFUSED TO LOSE!



Jay Hamric QB  
104 Completions 20  
Passing TD's  
2609 All Purpose Yards  
Toby Ford Blocking



Matt McCulty  
72 Catches  
1,388 Yards  
14 Touchdowns  
All-State Player

## SPENCER HIGH SCHOOL

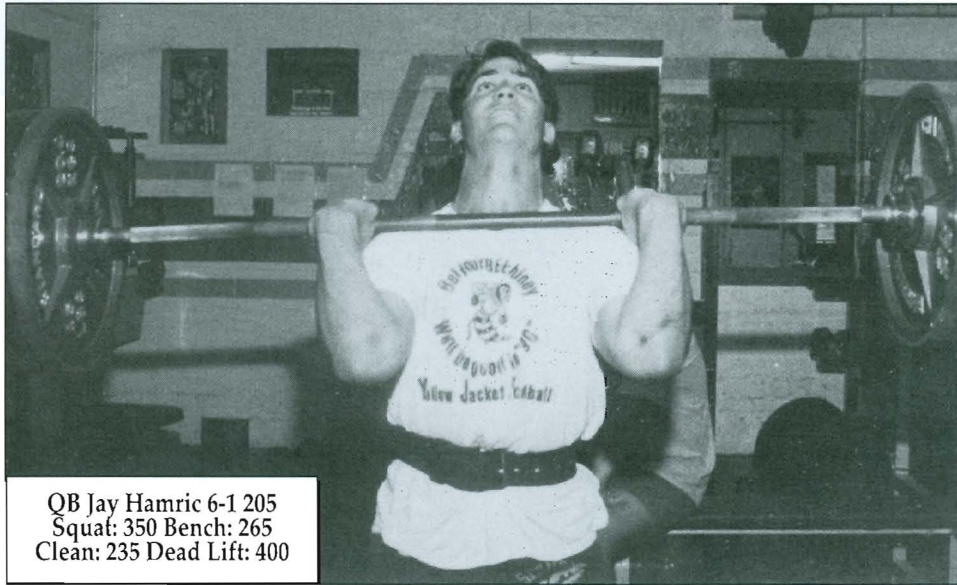
### TEAM ACCOMPLISHMENTS

West Virginia AA State Champs  
Most wins in West Virginia History for one season (14)  
States longest regular season winning streak (23)  
States longest overall winning streak (14)  
Spencer High School 3rd undefeated and un-tied team  
in school history (2nd in a row)  
Little Kanawha Conference Champs

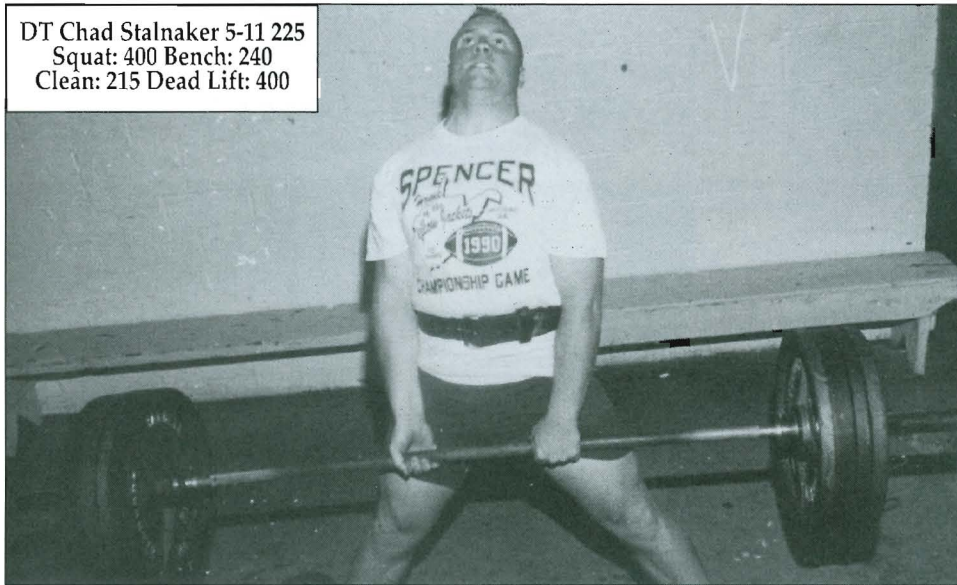
### LOCAL ACCOMPLISHMENTS

Most support from the community  
of any team in the state  
Largest attendance of any game in the state (AA Finals)  
Loudest and craziest fans in America  
Biggest victory parade in Roane County History

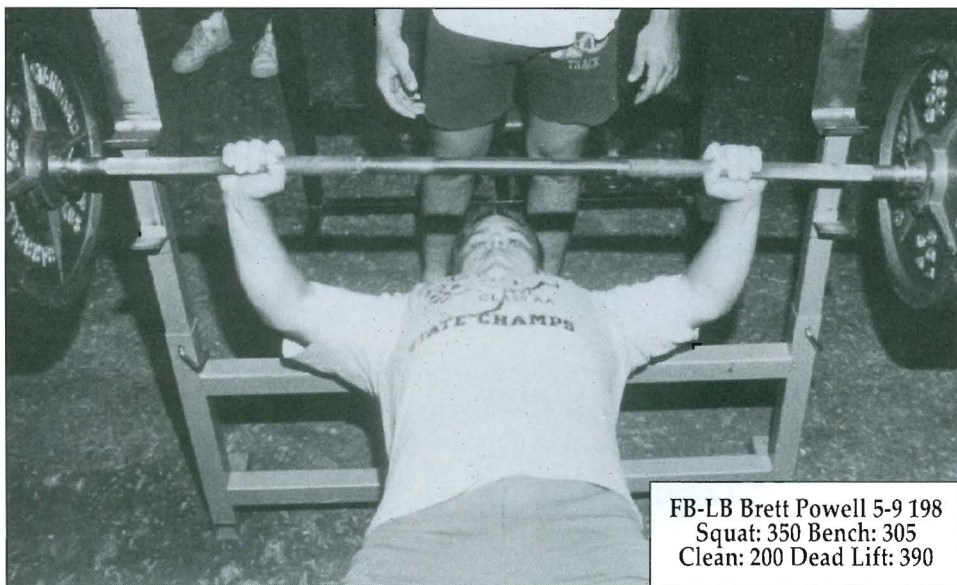
# SPENCER HIGH SCHOOL



QB Jay Hamric 6-1 205  
Squat: 350 Bench: 265  
Clean: 235 Dead Lift: 400



DT Chad Stalnaker 5-11 225  
Squat: 400 Bench: 240  
Clean: 215 Dead Lift: 400



FB-LB Brett Powell 5-9 198  
Squat: 350 Bench: 305  
Clean: 200 Dead Lift: 390

The stage was set. Spencer High School in West Virginia was ranked number one in their AA classification with a perfect 8-0 record. However, with only 3 minutes into the ninth game QB Jay Hamric made a nine yard gain but was ejected after shoving an opponent. He thought his face mask had been grabbed. It wasn't a vicious shove but it happened and Jay accepted the penalty graciously. Now what do you do? Junior QB Steve Kinder comes in who had only two prior snaps. It was tough. Spencer trailed 12-0 at halftime but then the Yellow Jackets from Spencer refused to lose. Kinder led the comeback with a 20-12 win.

In West Virginia when you're ejected it's for that game plus the next. Undaunted, Spencer finished the regular season at 10 wins and no losses. In the State semi-final, Hamric led his team to another 2nd half 35-14 comeback win over previously undefeated Buffalo High School. He did it with a 5-TD record breaking performance before a six thousand plus crowd.

In the State Championship game, both teams were 13-0 with high scoring offenses. Spencer found themselves down 16-0 at halftime. Very similar to our Quest For Greatness story. The Yellow Jackets again refused to lose and pulled together to win the state title 31-22. It also gave them the most wins in a

Coach Shepard,

I, along with my coaching staff, feel that your BFS program was a key to our success in several ways. We had only three injuries all year and two of those were players who did not lift in the off season. Second, we were able to dominate the 2nd half of our games because your program helped us to wear down our opponents in the fourth quarter.

I want to personally thank you for what the BFS program has provided our football players. Your interest in our program is greatly appreciated.

Jim Hamric  
Head Football Coach,  
Spencer High School

# WEST VIRGINIA 2-A CHAMPS



*Fullback Bret Powell Going Up The Middle. The Spencer Yellow Jackets Beat Sherman 38-0 In State Quarterfinals.*



*Head Football Coach Jim Hamric Giving a Victory and Father's Hug To QB-Son Jay. A Dream Come True!*

season in West Virginia history. They also have the state's longest regular winning streak with 23 consecutive wins.

All-State honors went to Hamric and his receiver Matt McCulty. Guard Anthony Blosser also garnered All-State honors. SR Bret Powell FB, SR Dave McCutcheon

Guard and SR Toby Ford DT were all-Conference selections. We thank everyone at Spencer but especially Coach Jim Hamric and Coach Larry Greathouse for instilling Upper Limit ideals and the noble principle of refusing to lose.

Dear Coach Shepard,

In the spring of 1989, a few of our Spencer High School football players and I attended a BFS clinic conducted by Coach Rick Anderson in Huntington, West Virginia. The BFS program we were introduced to that day proved to become one of the most important aspects of our football program here at Spencer High School. The other players who attended the clinic and I introduced the program to the rest of our team. Both players and coaches were excited about what we had found, and we were eager to see what the results would be.

That year, we finished the season with a record of 8-2. The following year, our team finished with a 12-1 record, losing by only two points to the defending state champions. This past season, our team finished 14-0 and became West Virginia Class AA State Champions and currently hold the longest winning streak in the state of West Virginia.

It is truly felt that by teaching our players to serve God, their family, and their school they will achieve what the BFS attitude is all about: becoming an individual who will excel not only on the field, but as a productive member of society.

Sincerely,

Larry Greathouse Strength Coach Spencer High School

