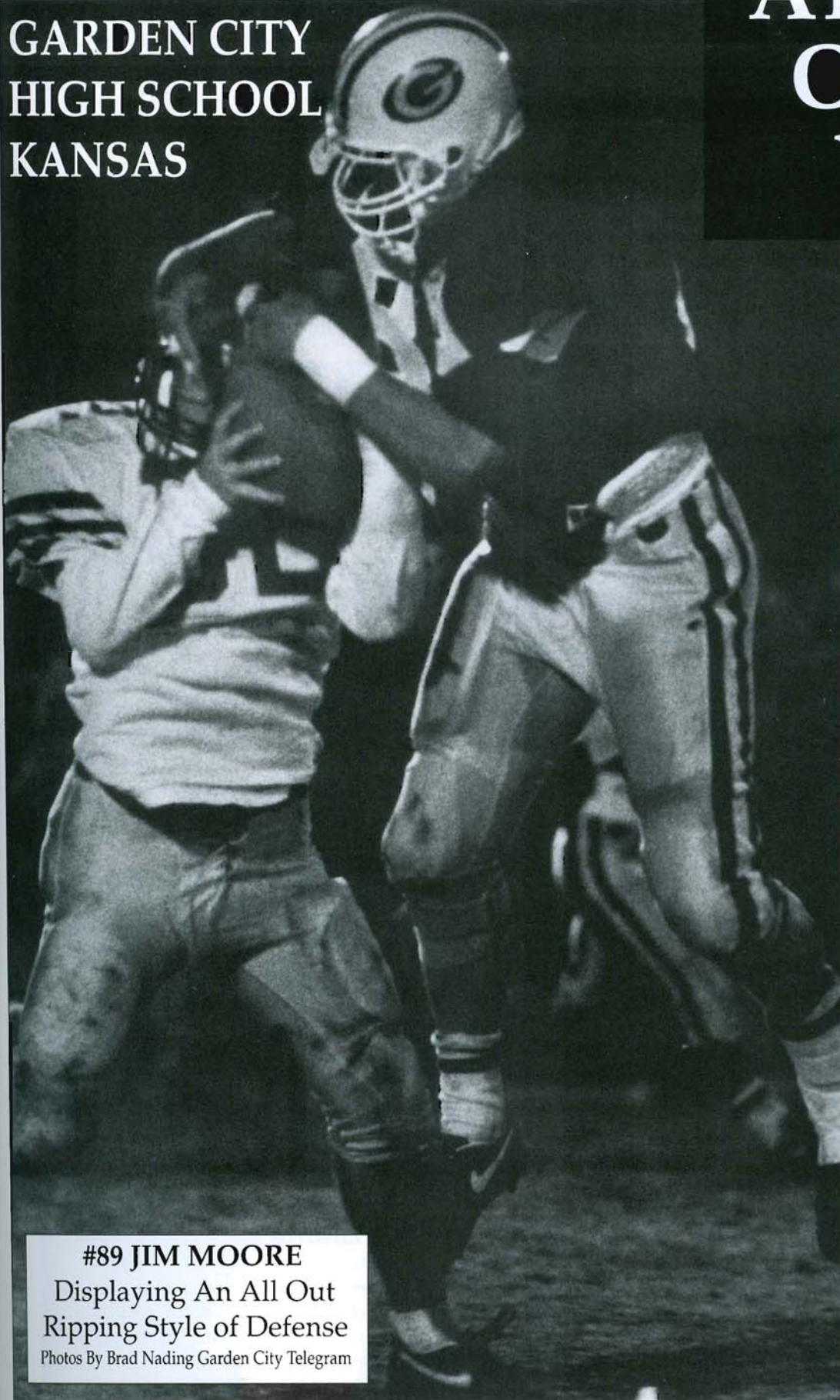


JIM MOORE BFS H.S.

ATHLETE OF THE YEAR

GARDEN CITY
HIGH SCHOOL
KANSAS



Jim Moore is a player we all hope to have the opportunity to coach at least once in our career. His athletic ability and physical prowess are certainly eye catching, as is his determination and commitment to excellence. The thing that sets him even more apart than the obvious athletic superiority, however, is his dedication to being the best person he can be in every area of his life. He has planned to attain a career in sports medicine, and does not allow himself to become involved with anything that will detract from achieving that objective. Jim is recognized as "the leader" in virtually every activity he becomes a part of. His academic standing separates him in exactly the same way as his athletic standing. He has been the hero of many young people across SW Kansas for three years now, and is very humble and unassuming about all the publicity that has come his way. He is, in every way, the epitome of the All-American Boy, and certainly sets an admirable standard for any young man to follow. It has certainly been an honor to have him in our program the past three years.

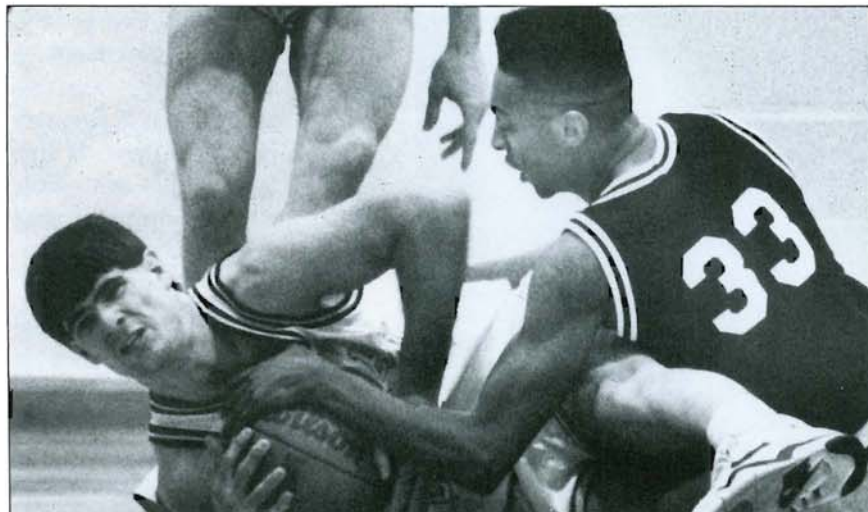
**Dave Meadows: Head
Football Coach, Garden
City High School**

#89 JIM MOORE
Displaying An All Out
Ripping Style of Defense

Photos By Brad Nading Garden City Telegram

Continued on next page

JIM MOORE BFS H.S. ATHLETE-OF



Jim Moore is our 1992 Bigger Faster Stronger Athlete-of-the-Year. He becomes our thirteenth annual recipient. It is our most prestigious award. The selection process is based on athletic achievement in sports, the ability to overcome obstacles, scholarship, leadership, general character and the ability to put things into proper perspective. Jim Moore is an extraordinary example and is most deserving of this honor.

Jim has distinguished himself as perfect 4.0 straight A average student since the seventh grade while being a highly decorated three sport athlete. In spite of always weight training in an in-season mode, he has achieved high levels of strength. Most impressive is his 350 pound Hang Clean and 325 Power Clean from the floor. In addition, Jim never drank even one bottle of beer during his high school days and maintains a high spiritual strength.

Jim has always been involved in sports, playing competitively in three sports since grade school. He played quarterback until his freshman year and then switched to tight end which is his current position at the University of Kansas. Jim didn't start lifting seriously until the summer before his sophomore year. He laughed, "I wasn't very strong to start with." As a sophomore, Jim Bench 180, Power Cleaned 190 and Parallel Squatted 230 pounds. At the end of his high school career, Jim Moore was 6-3 230 pounds with a 300 Bench, 500 Parallel Squat and a 350 Power Clean.

Jim attended Garden City High School in Kansas which competes in the largest school classification. He started at the varsity level as a sophomore in football and basketball. In baseball, he started as a freshman and when a sophomore, Jim hit .428 and led the league in hitting. As a junior, Jim helped his football team to a 10-2 state runner-up record while being a first team All-State selection. He played forward in basketball and his team went to state in both his junior and senior years. Jim averaged 11 points in that junior year and the next year he averaged 14 points and was an Academic All-State selection. He also led his team in state in baseball. However, football was his main sport and Jim again helped his team to runner-up in state in his senior year and made every All-American team including Parade, Super Prep 25 and Street and Smiths.

"I chose Kansas because of the fine academics mixed with football," related Jim. "It's a program on the rise and I like that. I was also impressed with the coaching staff, plus it was close to home and I didn't want to be alienated from my family. I am going into Pre-med and their med school is very good."

-THE-YEAR: GARDEN CITY, KANSAS

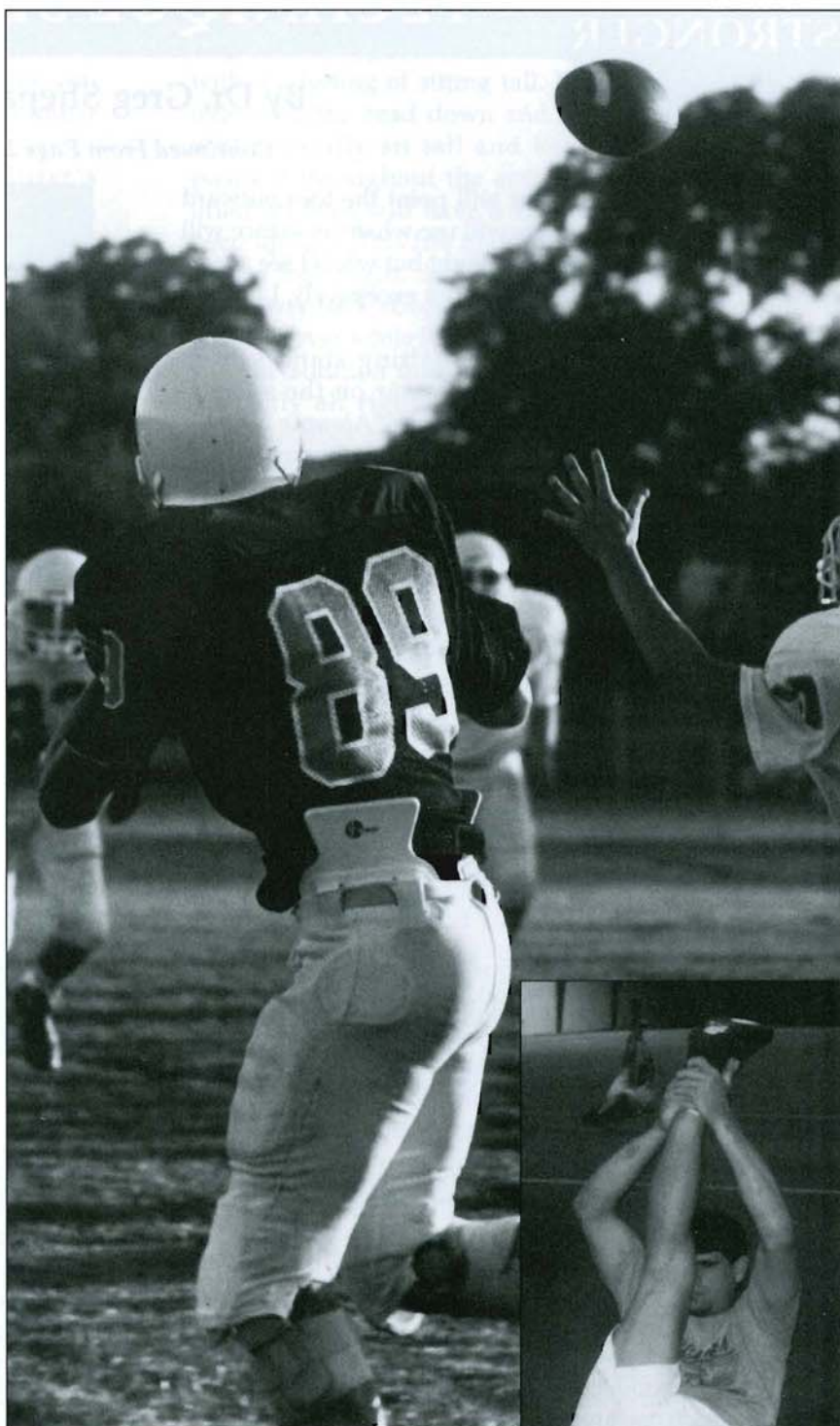
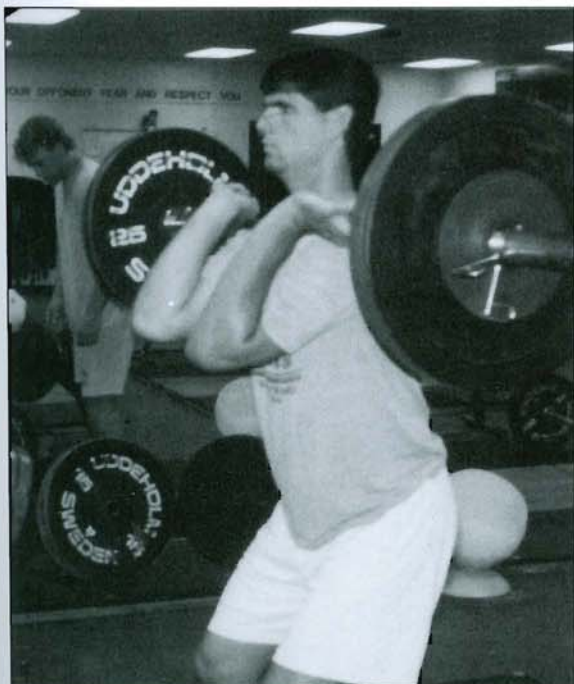
When asked about steroids, drugs and alcohol. Jim responded. "I never came into contact with steroids and I've never seen an actual joint in my life. People probably knew I was straight. I always stayed away from alcohol. I thought it would interfere with what I wanted to do. Also, it would not have been fair to those I represented. I had no concept of peer pressure and stayed away from bad situations.

"When I was a sophomore, one of my senior teammates who was like a hero to me got shot in the eye at a college party. I then realized what could happen. My circle of friends never needed alcohol or drugs and my teammates as far as I know stayed away from it."

On how to be successful, Jim says, "Basically work hard, stay straight and have faith in God. If you do the right thing, your faith should provide. My football coach, Dave Meadows, provided spiritual strength to me and our team. By example, the whole coaching staff would help in this area. Coach Mike Smith, who was my assistant football coach and strength coach, was a great coach and he really tried to have us do everything right as far as correct training. Garden City really was a great environment.

"I really appreciate what I had at Garden City. I have a sense of pride for my parents and that I love them. It's been eye opening to see where some of my Kansas friends have come from."

Jim is now working hard with Kansas Strength Coach Fred Roll. Since Jim is going through a red-shirt season, the in-season is being treated as an off-season. As for what he thinks about when he's thrown the ball, Jim is forthright,



"Catch it first! I think I can take whatever someone can dish out. I always try to pop back up fast just to make the defensive guy think."

We thank Coach Dave Meadows and strength coach Fred Roll for making this article possible. We especially thank Jim for his outstanding Upper Limit life and wish him the best in his football career at Kansas and his future goal of becoming an orthopedic surgeon.

