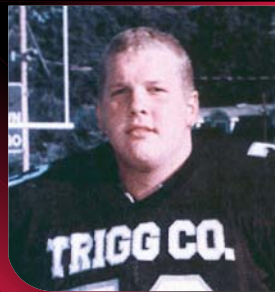


# BIGGER FASTER STRONGER PLAYER PROFILES

Bigger Faster Stronger - in all you do "Be An 11!" *Spring 2004*

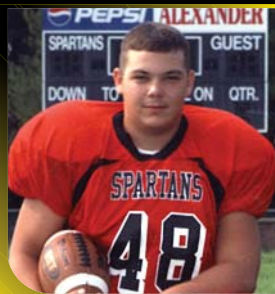


## Scott Sanders sr

Trigg County HS, KY

<b>Squat</b>	<b>440</b>
<b>Bench</b>	<b>325</b>
<b>Clean</b>	<b>250</b>
<b>Deadlift</b>	<b>525</b>
<b>Height</b>	<b>6'2"</b>
<b>Weight</b>	<b>275</b>
<b>Forty</b>	<b>5.13</b>

Scott is being highly recruited by the University of Louisville and Eastern Kentucky University along with several other schools. Scott has recently been elected to 1st team all-WKC team. This team selects the top players in Western Kentucky Class "A" - "AAAA". Scott was rated second lineman in the area. Scott was also a member of the Blue-Chips "AA" All-State Team. Scott is expected to win many other awards in the remainder of this season.

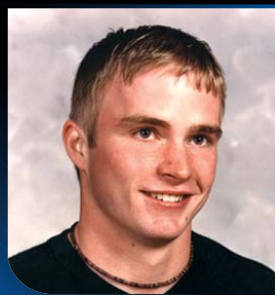


## Ben Jordan soph

Alexander HS, OH

<b>Squat</b>	<b>485</b>
<b>Bench</b>	<b>305</b>
<b>GPA</b>	<b>4.0</b>
<b>Height</b>	<b>5'6"</b>
<b>Weight</b>	<b>195</b>
<b>Forty</b>	<b>4.9</b>
<b>VJ</b>	<b>21"</b>
<b>Dot Drill</b>	<b>55</b>

Ben is an extremely hard worker who has made tremendous gains in the weight room. He plays football and baseball. He was All-Conference, All-County, and All-District in football and finished 10th in his class in the state powerlift meet as a freshman.



## Mike Kodada sr

Montgomery-Lonsdale HS, MN

<b>Squat</b>	<b>430</b>
<b>Bench</b>	<b>230</b>
<b>Clean</b>	<b>268</b>
<b>Snatch</b>	<b>200</b>
<b>GPA</b>	<b>3.0</b>
<b>Height</b>	<b>5'9"</b>
<b>Weight</b>	<b>182</b>

Mike was introduced to the BFS program his junior year. In the next 10 months Mike improved dramatically in every lift. Including an 80 pound increase in his clean while adding nearly 20 pounds to his 5'9" frame. It was Mike's dedication that led to him earning All Conference, Team Most Valuable Player and AP All State Honorable Mention Line Backer this fall. Mike's 110 tackles lead the team for the second year in a row.



## Leah Marietta sr

Decatur Community Jr/Sr HS, KS

<b>Squat</b>	<b>295</b>
<b>Bench</b>	<b>160</b>
<b>Clean</b>	<b>165</b>
<b>Deadlift</b>	<b>345</b>
<b>GPA</b>	<b>3.86</b>
<b>Height</b>	<b>5'0"</b>
<b>VJ</b>	<b>25</b>
<b>Forty</b>	<b>5.02</b>

Leah participated in Volleyball for four years. They were Substate Runners-Up. Leah is currently on the basketball team for her fourth season. Leah has participated in track the last 3 years and plans on competing this year. Last year she qualified for the state meet and ran a 12.9 100 meter sprint. Leah has won 3 state titles in the girls power lifting competitions. She is the teenage girls' American record holder in the deadlift with 345 lbs.

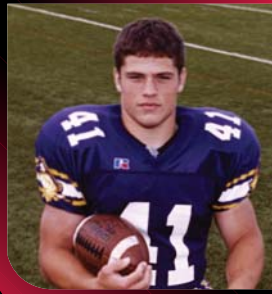


## Austin Snook sr

Douglass HS, KS

<b>Squat</b>	<b>601</b>
<b>Bench</b>	<b>321</b>
<b>Clean</b>	<b>298</b>
<b>GPA</b>	<b>3.74</b>
<b>Height</b>	<b>6'0"</b>
<b>Weight</b>	<b>186</b>
<b>Forty</b>	<b>4.8</b>

Austin Snook exemplifies hard work and work ethic. I have coached 20 years and Austin is truly one of those special student-athletes. This fall he served as a team captain in football and he received 1st team All CPL honors as a Defensive End. He really deserves credit for his success due to his tenacious work ethic and competitive spirit. Austin is a leader in our weight room and will be missed upon graduation.



## Bobby McClintock Jr

Marshfield HS, OR

<b>Squat</b>	<b>445</b>
<b>Bench</b>	<b>365</b>
<b>Clean</b>	<b>305</b>
<b>GPA</b>	<b>3.85</b>
<b>VJ</b>	<b>33</b>
<b>Forty</b>	<b>4.5</b>

Bobby is a two-sport athlete who competes in football and baseball. He was selected league MVP in football this past season as a junior. He plays fullback and inside linebacker and rushed for over 1200 yards this past season. He also was selected as all league in baseball as a catcher in his freshman and sophomore seasons. He currently holds a GPA of 3.85.



## Lindsey Nuttal sr

Logan HS, UT

<b>Clean</b>	<b>165</b>
<b>VJ</b>	<b>25</b>
<b>Height</b>	<b>5'8"</b>
<b>Weight</b>	<b>130</b>
<b>GPA</b>	<b>3.3</b>
<b>Ten</b>	<b>1.91</b>

Lindsey was a 4 year letter winner in soccer for Logan High. She was an All-State, All-Region and All-Valley selection. She holds Logan High's power clean record with a lift of 165 lbs. She has accepted a scholarship to play soccer for Utah State University.



## Anthony Rodriguez sr

Cuyama Valley HS, CA

<b>Squat</b>	<b>450</b>
<b>Bench</b>	<b>340</b>
<b>Deadlift</b>	<b>525</b>
<b>GPA</b>	<b>3.8</b>
<b>Size</b>	<b>5'10"</b>
<b>Weight</b>	<b>185</b>
<b>Forty</b>	<b>4.8</b>

Anthony is a 3yr starter on varsity football and basketball teams. He has been selected team MVP 2yrs in a row, 1st team all-league 2yrs and all CIF-SS senior year. Through tremendous dedication and effort in the weight room he has developed into a superior athlete. His leadership both on the field and in the classroom exemplify the BFS "Be an 11" standard. This year he led our team to the CIF-SS 8-man semifinals by unselfishly playing QB, RB, and LB. Cuyama Valley held a BFS Clinic in 1998 with Rick Bojak presenting. This has been the foundation of our successful program.

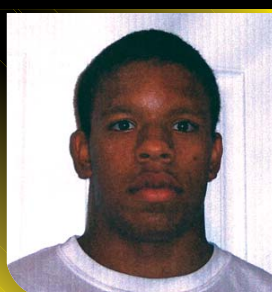


## Kyle Reesing sr

Lake Travis HS, TX

<b>Squat</b>	<b>415</b>
<b>Bench</b>	<b>330</b>
<b>Clean</b>	<b>240</b>
<b>Height</b>	<b>5'11"</b>
<b>Weight</b>	<b>195</b>
<b>GPA</b>	<b>4.09</b>
<b>VJ</b>	<b>28.5</b>
<b>Forty</b>	<b>4.52</b>

Kyle is one of our leading tacklers from his free safety position. He averages 36+ as our punter, is our leading punt/kick returner, and also plays wide receiver in our sophisticated spread offense. He is also being recruited as a major college prospect as a shortstop.



## Vashon Perryman Jr

Ottawa HS, KS

<b>Squat</b>	<b>460</b>
<b>Bench</b>	<b>255</b>
<b>Clean</b>	<b>255</b>
<b>Height</b>	<b>5'6"</b>
<b>Weight</b>	<b>155</b>
<b>GPA</b>	<b>3.5</b>
<b>VJ</b>	<b>29</b>
<b>Forty</b>	<b>4.6</b>

Vashon is a three-sport star. He is a two year starter in football and wrestling, and placed at the state track meet. Vashon has a 9-0 record in various powerlifting meets. He attended and won the state championship his sophomore season. He is a member of the Student Senate and Fellowship of Christian Athletes.

Honor your outstanding athletes (both male and female from all sports) by submitting them to the BFS Player Profiles.

**Required Information:**Name of athlete, athlete's picture, home address\*, age, year in school, sports played, height, weight, GPA, Max. lifts, vertical jump, forty-yard dash (if available) and a brief write-up of accomplishments and awards (75 words max). \*Athletes selected will receive a free one-year subscription to the BFS magazine

Mail to: **Bigger Faster Stronger, Player Profiles, 843 West 2400 South, Salt Lake City, Utah, 84119**